

MHS COUNSELING OFFICE NEWSLETTER May 2018

Current Happenings

Summer School

Summer school will be offered from 6/11 – 6/22/2018. The two-week session has mandatory attendance and is intended for credit recovery purposes. Applications available at <https://mhs counseling.weebly.com/forms.html>.



Western Michigan College Visit

Mason High School counselors will be taking a group of 9th- 11th grade students to visit Western Michigan University on Friday, May 18th. The trip will include a presentation from admissions, a walking tour of campus, and lunch in a café. This is a wonderful opportunity for any student to get a jump start on the college visit process. Permissions slips are available in the counseling office and are due by May 11, 2018.

Wilson Talent Center Enrollment

WTC mailed letters to all students who have been enrolled in a program for next year. Applications are still being accepted online at www.inghamisd.org/wtc/. Students can be enrolled in open programs or placed on a waitlist for any program that is full. WTC programs include Automotive Technology, Aviation, Bioscience, Business and Risk Management, Career Start, Health Foundations, Construction, Cosmetology (10th only), Culinary, Cybersecurity, Engineering, Criminal Justice, New Media, Precision Machining, Programming, and Welding. See Mrs. Oakes with any questions. Oakesk@masonk12.net.



Class of 2018 Decision Day Celebration at MHS

On May 16th from 1:15-2:40 in the High School Cafeteria, MHS will host its second annual Decision Day, celebrating the Class of 2018 and their post-secondary decisions. After our departmental and academic honor's assembly, seniors will receive their yearbooks and celebrate their plans for after graduation with food, a photo booth and raffle prizes. Student will receive their yard sign at this event. Students are encouraged to wear apparel from their college or post-secondary institution. If parents or community businesses would like to make a donation for the yard signs, we are in need. A donation sheet was emailed home, copies are in the main office.

Senior Honor's Night

Local Scholarships will be awarded on Wednesday, May 16th at 7:00 p.m. in the Mason High School Auditorium. Recipients will be mailed an invitation around the first week of May.



State Testing for 2017-2018 Completed

Thank you to all MHS students & staff for making state testing a success this year. Over 99% of grade 9-11 students completed testing this year. Job well done!



Scheduling for next school year well underway!

Students had an opportunity to create their schedule for next year using the online arena scheduling tab in skyward. Please remind your students to check back into arena scheduling to confirm the schedule they submitted is accepted. All schedules that aren't finalized and approved will reopen May 7-11. This is the last opportunity students have to create a schedule for next year.



Dual Enrollment

Students wishing to earn credit for college and high school may dual enroll for the 2018-19 school year! Applications are due to their counselor by June 8. Students should make an appointment with their counselor to discuss their interest and the process to dual enroll. Applications can be found in the counseling office as well as online at mhs counseling.weebly.com



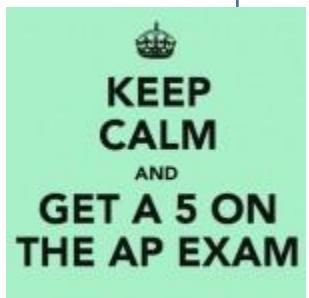
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AP Testing Begins Soon

At the conclusion of Advanced Placement course, students have an opportunity to take an end of course AP exam and, potentially, earn college credit. This year we will administer over 200 AP exams.

Test	Date	Check In Time	Location	# Students
AP Chemistry	Monday, May 7	7:40 am	ROOM 33	24
AP Spanish	Tuesday, May 8	7:40 am	ROOM 33	1
AP Physics 1	Tuesday, May 8	11:45 am*	ROOM 33	17
AP English Lit	Wednesday, May 9	7:40 am	ROOM 33	23
AP US Gov	Thursday, May 10	7:40 am	ROOM 33	11
AP US History	Friday, May 11	7:40 am	ROOM 33	24
AP Comp Science	Friday, May 11	11:45 am*	ROOM 33	19
AP Biology	Monday, May 14	7:40 am	ROOM 33	23
AP Calculus	Tuesday, May 15	7:40 am	ROOM 33	26
AP English Lang	Wednesday, May 16	7:40 am	ROOM 33	3
AP World History	Thursday, May 17	7:40 am	ROOM 33	20
AP Statistics	Thursday, May 17	11:45 am*	ROOM 33	10



Below is a list of resources to assist your family in times of need:

1. 2-1-1 : Designed to connect people with information and resources.
<http://www.mi211.org/>
2. Capital Area Community Services: Food programs, homeless services, and much more. <https://cacs-inc.org>
3. Mason Public Schools Homeless Liaison: If your family is experiencing a homeless situation, please contact your student's counselor to see what resources we may have available for you.
4. The MOC: If you are in need of basic items such as toiletries, hygiene products, clothing, and/or school supplies, your student can come to the counseling office and fill out a confidential request form.



**family
resources**

Want to get your PSAT or SAT Scores from April Testing? Sign up for a College Board Account!

April 10th SAT scores may be available as early as May 3, 2018, while some PSAT 10 & PSAT 9 scores are already available. Students must have a collegeboard account to view them.

1. Go to www.collegeboard.org and click "Sign up"
2. Click you are a STUDENT
3. Input your information—USE CORRECT INFO-No nicknames, use valid email.
4. Choose a username and password that you can remember (Follow prompts).
5. Set up a security question
6. Agree with the Terms and Conditions
7. Confirm Account Information



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Juniors: What you can do to prepare for senior year

Senior year will be here before you know it. Here are some ideas to make sure you have a productive summer and come back prepared to have a fantastic senior year:

- ✓ Look for a part time job or volunteer experience either related to your potential career field or for community service.
- ✓ Create a College Board account (www.collegeboard.org) and a Big Future account within this site. College Board is where you can register to retake the SAT if you would like, research colleges, research careers, and search for scholarships. Spend some time on this website
- ✓ Create a list of colleges to explore and apply. Exploration can include searching online, visiting the college, and asking for information from the college. Find out application procedures.
- ✓ Start college application essays. Check school websites to see if which schools require essays or see the Common Application for a list of essays (if your school accepts the Common Application and requires their essays). This year Michigan State will be accepting the Common Application.
- ✓ Make sure your senior year schedule is rigorous and will set you up for the best preparation for the college and career you are looking for.
- ✓ Create a FAFSA ID by going to www.fafsa.ed.gov. This ID will be used to apply for federal financial aid starting October 1, 2018. Students and parents can create an ID now, so they are prepared in the fall.
- ✓ Plan to attend college admissions visits when the school you are interested in visits MHS next fall.
- ✓ Plan to meet with your high school counselor next fall about your post-secondary plans.



Senior Class Information: What to do to prepare for college this fall

Seniors' last day is May 24 (if they don't need to take exams) or May 25 (if they have exams). We encourage seniors to finish strong and avoid **summer melt** (a term referring to the time after graduation when seniors do not prepare for the next fall and miss important college deadlines). Here are things to complete this summer to avoid summer melt:

- ✓ Complete your FAFSA and verify any information if the IRS asked you to verify your FAFSA.
- ✓ Accept or decline aid and complete any necessary loan counseling/financial aid paperwork
- ✓ Submit your housing application
- ✓ Activate your college student ID and email account
- ✓ Sign up for and attend orientation
- ✓ Send a final transcript to your college through Parchment.
- ✓ Send any dual enrollment transcripts to your college
- ✓ Complete any necessary placement testing
- ✓ Meet with an academic advisor at your college before scheduling college classes. Then register for classes.
- ✓ Review move in dates and instructions
- ✓ Purchase a parking permit (if needed)
- ✓ Purchase textbooks and supplies
- ✓ Make tuition payment



Transcript Requests

Mason High School uses Parchment for all transcript requests. Students can go to the counseling webpage at www.mhs counseling.weebly.com and click Transcript Requests to create an account and send transcripts to colleges or even email a copy to themselves.

SENIORS: REMEMBER TO REQUEST A FINAL HIGH SCHOOL TRANSCRIPT! PLACE A TRANSCRIPT REQUEST AND SELECT THE "HOLD FOR GRADES" OPTION.



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MENTAL HEALTH QUICK FACTS:

- Fact: 1 in 5 children ages 13-18 have, or will have a serious mental illness.
- Fact: 50% of all lifetime cases of mental illness begin by age 14 and 75% by age 24. 50%
- Fact: Approximately 50% of students age 14 and older with a mental illness drop out of high school.
- Fact: Suicide is the 3rd leading cause of death in youth ages 10 – 24.
- Fact: 90% of those who died by suicide had an underlying mental illness



WARNING SIGNS:

- Feeling very sad or withdrawn for more than 2 weeks (e.g., crying regularly, feeling fatigued, feeling unmotivated).
- Trying to harm or kill oneself or making plans to do so.
- Out-of-control, risk-taking behaviors that can cause harm to self or others.
- Sudden overwhelming fear for no reason, sometimes with a racing heart, physical discomfort or fast breathing.
- Not eating, throwing up or using laxatives to lose weight; significant weight loss or gain.
- Severe mood swings that cause problems in relationships.
- Repeated use of drugs or alcohol.
- Drastic changes in behavior, personality or sleeping habits (e.g., waking up early and acting agitated).
- Extreme difficulty in concentrating or staying still that can lead to failure in school. Intense worries or fears that get in the way of daily activities like hanging out with friends or going to classes.

For more information, visit www.nami.org



National Alliance on Mental Illness

Keep up to date with Mason High School information



Follow on FaceBook and Twitter @MasonHSMasonMI



Join REMIND to receive text messages about specific grade level events

Class of 2018 Text @mason2018 to 81010

Class of 2019 Text @mason2019 to 81010

Class of 2020 Text @mason2020 to 81010

Class of 2021 Text @mason2021 to 81010



Email us with questions!



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