# MHS COUNSELING OFFICE NEWSLETTER January 2018

# **Current Happenings**



#### JUNIOR PARENT NIGHT January 16, 2018 5:30-6:30 pm MHS Auditorium

Junior year is important! It is the last full year of high school that prospective colleges see when reviewing student applications. There are several important things to be aware of this year. Counselors will review curriculum selection for senior year, college exploration and MME testing.

#### **Specialty Course Applications**

Students wishing to enroll in an AP course, honors course, Journalism, or School Store next year must submit an online application. Though the due date, January 11, 2018, has passed, interested students may still apply at https://mhscounseling.weebly.com/specialty-course-applications.html.





#### **AP Test Registration**

Student that are currently taking an AP class recently received registration paperwork for the end of course exams that are administered in May. While these exams are optional, they are strongly encouraged. Registration forms, with payment, are due to Mrs. Pfost in the counseling office by Feb 15, 2018.

#### Wilson Talent Center Applications for the 2018-2019 School year

10th and 11th graders interested in attending the Wilson Talent Center next year need to complete an online application by January 19th. After the 19th, counselor documents will be added and applications will be processed by the WTC in February. A rubric system based on grades, attendance, credit status and behavior will be used to aid in placement. Students will be notified of enrollment in March. Applications are found at <a href="http://www.inghamisd.org/wtc/">http://www.inghamisd.org/wtc/</a>





#### Law Enforcement Career Academy scholarship FOR GRADES 10-12

The Kiwanis Club is sponsoring a scholarship for a Mason student to attend the Michigan State Police-Kiwanis Law Enforcement Career Academy from July 22-27, 2018. The sponsorship covers the \$425 enrollment fee. Applications are available in the counseling office.

# **Make Time for Mental Health!**



Depression is a mental health issue in which a person experiences a persistent feeling of sadness and a loss of interest in activities. Depression can affect many areas of a teenager's life, including thinking, behavior, social activity, and physical health. Approximately 20% of teenagers will experience depression before reaching adulthood. The Mayo Clinic lists certain risk factors that are likely to increase the probability of depression in teenagers. Among these are issues with peers (such as bullying), academic problems, having been the

victim of or witnessing violence, having other mental health conditions (such as an anxiety disorder), having a learning disability or ADHD, having ongoing pain or a chronic illness, personality traits (such as low self-esteem or being overly dependent), and abusing alcohol, nicotine, or other drugs. If you notice changes in your student's interactions, behavior, physical health, and overall well-being, make sure to contact their doctor and talk to a mental health professional for help.



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### **Articulation Information**

Some MHS courses can count for college credit for students that attend Davenport, LCC or MSU! Articulation applications are available in the counseling office.

Davenport University	Accounting 1 &2 Photoshop Web Page Design Information Tech 1	US History Law 1 Marketing Physics	US Civics Spanish 1 Spanish 2	Must earn B or better
LCC	Accounting Career & College Child Development 2	Law 1 Personal Finance Photoshop	School Store Webpage Design	If taken Jr or Sr year Must earn B or better Must enroll within 2 yrs of grad
MSU		FFA Program Completer	rs	State of MI agreement allows FFA 'program completers' 6 general science transfer credits

# **Junior's Corner**

JUNIOR PARENT NIGHT January 16, 2018 5:30-6:30 pm MHS Auditorium



#### MME: Michigan Merit Exam

April 10-12, 2018 all juniors will take a three day series of tests (SAT, ACT Workkeys, MSTEP) during the school day. The MME is a graduation requirement of Mason Public Schools. The scores from this assessment will be reported to colleges as part of the application process. The best preparation for the SAT is free on Khan Academy. See pg. 4 for directions on account set up.

#### SCHOOL DAY SUMMARY FOR TESTING IN APRIL

MME Test Dates: (All 11th grade students)

Day 1 (4/10/18)	Day 2 (4/11/18)	Day 3 (4/12/18)	
7:40 AM-1:30 PM	7:40 AM-11:30 AM	7:40 AM-9:40 AM	
SAT with essay	<u>WorkKeys</u>	MSTEP online	
<ul> <li>Reading</li> <li>Writing and Language</li> <li>Math no calc</li> <li>Math with calc</li> <li>Essay</li> </ul>	<ul> <li>Reading For Information</li> <li>Applied Mathematics</li> <li>Locating Information</li> </ul>	<ul><li>Science</li><li>Social Studies</li></ul>	
Day 1 Make-up (4/24)	Day 2 Make-up (4/25)	Day 3 Make-up (4/26)	13 1
Accom	modated MME test dates may be dif	ferent	

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#### **Senior Class Information**

#### **FAFSA/CSI PROFILE**

The Michigan deadline to file the FAFSA (Free Application for Federal Student Aid) is March 1, 18. Families should go to <a href="www.fafsa.ed.gov">www.fafsa.ed.gov</a> to create an FSA ID and complete the FAFSA online. Completing the FAFSA is required for any student wishing to obtain federal aid in the form of grants, federal loans, or work study. Some schools require it for scholarship consideration. Students should also check their college's financial aid requirements to see if additional forms such as the CSI Profile is required. Students can contact their college's financial aid office by phone or check the college financial aid webpage for required documents and deadlines.





#### **Local Scholarships Forms**

Each year the Mason community offers local scholarships to seniors attending college in the fall. Students can complete one online local scholarship application for multiple scholarships. Some scholarships have additional requirements. The Local Scholarship Application will be available online at <a href="https://www.mhscounseling.weebly.com">www.mhscounseling.weebly.com</a> FEBRUARY 1st.

#### **National and State Scholarships**

USA Today listed the top 10 best websites for college scholarships in an article at <a href="http://college.usatoday.com/2012/01/30/the-10-best-sites-to-look-for-scholarships/">http://college.usatoday.com/2012/01/30/the-10-best-sites-to-look-for-scholarships/</a>. The state of Michigan has resources at <a href="http://www.michigan.gov/mistudentaid/">https://www.michigan.gov/mistudentaid/</a> and <a href="https://bigfuture.collegeboard.org/scholarship-search?excmpid=VT-0004">https://bigfuture.collegeboard.org/scholarship-search?excmpid=VT-0004</a> . In addition, students are encouraged to check the back wall of the counseling office for scholarships.





#### **LCC Foundation Scholarships**

Any senior planning to attend LCC is encouraged to complete the LCC Scholarship application. The deadline is January 31, 2018, and it is found online at <a href="https://www.lcc.edu/foundation/scholarships/">https://www.lcc.edu/foundation/scholarships/</a>

#### **TIP Scholarship**

TIP scholarships are available to any student that was signed for MEDICAID health insurance for at least 24 months between age 9 and high school graduation. For more information go to: http://www.michigan.gov/documents/mistudentaid/5111 SSG TIPFlyer 598709 7.pdf

#### **Transcript Requests**

Mason High School uses Parchment for all transcript requests. Students can go to the counseling webpage at www.mhscounseling.weebly.com and click Transcript Requests to create an account and send transcripts to colleges or even email a copy to themselves.



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#### FREE TEST PREP FOR ALL!!

All MHS Students are strongly encouraged to set up fee, personalized practice on Khan Academy in order to prepare for the SAT test. This can be done in 3 steps.

#### STEP1: College Board Account Set Up

- 1. Go to www.collegeboard.org
- 2. Click Sign up
- 3. Click you are a STUDENT
- 4. Input your information—MAKE SURE INFO IS CORRECT-Do not use nicknames, use valid email.
- Choose a username and password that you can remember (Follow prompts). Make sure you give this to your TIES teacher/Counselor to keep in case you forget.
- 6. Set up a security question
- 7. Agree with the Terms and Conditions
- 8. Confirm Account Information

# ~115 pts. increase ~90 pts. increase ~60 pts. increase

Average Number of Points Gained from PSAT to SAT

# No hours of Official SAT Practice SAT Practice SAT Practice SAT Practice

#### STEP 2: Khan Academy- Account Set UP

- Go to www.khanacademy.org
- 2. Click Create a new account (at the very bottom of the page)
- 3. Click Sign up with email and use same email as for College Board account
- 4. Check email for verification (use cell phone or log in on computer)
- Click Finish Signing Up
- 6. Create with your email or create a username and password (either method works) and give this to your TIES teacher/counselor to record in case you forget.

#### STEP 3: Link College board Scores with Khan Academy Practice

To link with College Board. Click SAT (some of you may have to click subject tests first) Click "A" then Allow. From here you can choose a practice schedule (April 11<sup>th</sup> is SAT for juniors), view scores, set skill levels, or start a practice.

# Keep up to date with Mason High School information



Follow on FaceBook and Twitter @MasonHSMasonMI



#### Join REMIND to receive text messages about specific grade level events



#### **Email us with questions!**

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